

## ETERNAL BLISS

"It was on 11<sup>th</sup> Jan 2019 that I got an inner calling and I packed my bags to go and stay at Himdamba Feature, where Bankhandi Maharaj resides and caught a flight on 13<sup>th</sup> Jan to Pant Nagar near Rudrapur in Uttarakhand. I reached there by taxi by 4.30 and it took me around 40 minutes to climb up from Sattal lake and it is a steep climb. Reaching there was a feeling of abyss and infinite peace. This is the same place where Hidamba gave birth to Ghototkach ( son of Bhim) who changed the course of Mahabharata as he saved Arjuna by giving his life.

This evolved Soul Bankhandi Maharaj (around 100 years plus of age), a saint, is a treat to be with. He does not speak much but conveys everything with his body language, vibrations, his spiritual discipline & routine and his love for the flora and fauna.

He gets up at 1 am, bells the temple and then the one odd worker gets up to clean the premises. Maharaj has a "Dhuni" which is lit round the clock and he sits in front of it for max hours of the day. He adopts "Maun" for first few hours till 5 or 6 am and sits into "Dhyana".

I also used to get up around 4 AM, take bath with hot water from Solar geyser and then go out under the stars and do star gazing. It is so beautiful to gaze the stars at that hour of the day. I could feel a strange connection with the stars and my ancestors who I suppose are there.

Then I used to sit with Maharaj next to the Dhuni for few hours looking into the fire and then sit in the Sun from 0900 hrs onwards till the time sun goes down.

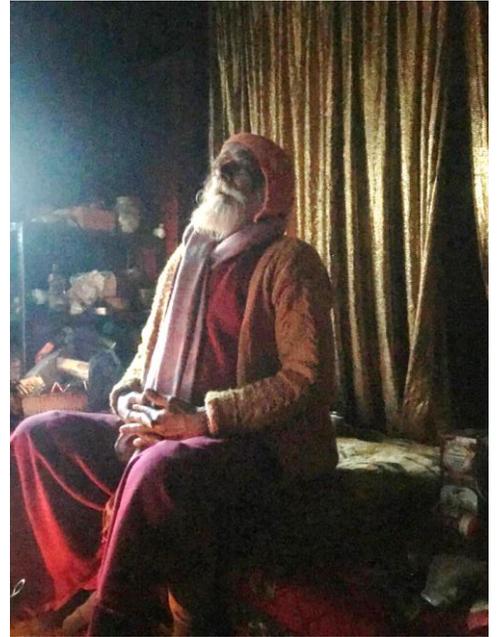
Even though my proper meditation time was less but was in constant connect with the Supreme.

I used to do Sun meditation both morning and evening while looking into the sun which was a very powerful act.

**FOOD** – It was strange that my appetite went down there. Used to have just some fruit in the morning and then just one meal day around 3.30 PM and then nothing at night. It was a wow feeling as energy levels were really high throughout the day



**COMMUNICATION** – Had switched off my cellphone which I used to open just once a day for few minutes just to take reports.



**MONKEYS, DOG AND CATS** – It was great to see monkeys friendly with Maharaj's pet Bhoori ( pl see the clip) and three cats of Maharaj were real friendly. One of the cats used to have her meals just once a day with all of us at 3.30 Pm while taking our meal Prasad.

**NATURE'S WALK** – Used to take Bhoori for a walk on the mountain which has Hidamba Devi's vibrations still alive with a small Nepali Boy Raman, son of one of the Nepali helpers there.

Everything was so divine. I realize why we all are having such happy lives in our society nearby called Raksha Retreat and that is because the blessing through the vibration of such pious soul is just so very live all the time. It is surprising that Maharaj has his followers in whole of Russia and most of the times there are Russians staying in this sacred Ashram and very few Indians know about him and this sacred place.

**COLD** – It felt cold just on the first night and morning but thereafter didn't realize winter at all. It was infact fun in such a clear weather, sun, looking at Ether was just amazing.

Presence of powerful vibrations from various deities who had lived on this mountain were present all the time.

**NOTHING BETWEEN ME AND THE GOD** – For these 5 days, I literally felt that there was nothing between self and the God as there was no distraction and felt highly rejuvenated. Whole day there was nothing to do but how time flew just did not realize.

**PEOPLE LIVING THERE** – I had following with me there:

1. Mr. Gupta – A 91 year old man from Unnao who was living there for past 3 months. He climbed up this mountain himself and was living a healthy life.
2. Mr Narayan Singh – One of the oldest worker at Maharaj's ashram 80 years old, runs and does all the work. Was in ITBP for 3 years.
3. Panditji – He used to carry out all the rituals on behalf of Maharaj from morning 3 am to night 8 Pm. A 55 year old man having just one meal a day and working with full energy.

I stayed there was 5 days and came back on 18<sup>th</sup> Jan and these 5 days were the best days of my life.

When I left the Ashram on 18<sup>th</sup>, I was in tears as if I belonged to this place and I was leaving my own home. A part of my soul is left there for sure.

Maharaj told me that a few days ago, he got up at Night and when he rang the bell of the temple and turned around there was a leopard just 5 metres away. He further shared that neither the leopard nor I were scared with each other and then he walked away gracefully.

"KABHI KABHI MANDIRON ME JAAP KAR LETA HOON....

KABHI KABHI SADHUON SANG ALAAP KAR LETA HOON....

KAHIN INSAAN SE KHUDA NA HO JAOON....

IS LIYE KABHI KABHI KUCH PAAP BHI KAR LETA HOON....."

***Am really fortunate to have spent this time with the evolved soul."***

